

Fáilte- Bienvenue- Willkommen- Benvenuto- Bienvenido- Witajcie- Welcome –
Bemvindo- Welkom- Velkomin- Vitajte- Karibu- Crozso- Valkommen- Tervetuloa



Donore Avenue Parish

ST. TERESA'S PASTORAL PARCEL

MARCH 2020

A WORD FROM OUR PARISH PRIEST

Dear Parishioner and Friend of St Teresa's Parish, Donore avenue.

This "Pastoral Parcel" is an attempt by the parish to stay in touch with you during these most extraordinary times when we are not able to gather as normal in the Parish Church for Mass and other services. This of course is only one form of the disruption that I am sure you are experiencing in family life, work life and social life.

Please God and with the help and co-operation of the whole population, it will not be too long before the current restrictions can be lifted.

We offer this mixture of information, prayers, and ideas, as a gesture of support and encouragement and as a way of staying in touch. We hope to be able to repeat it over the coming weeks.

It has been said so often that the Church is not the church buildings but is the people. Never more than now, in my lifetime anyway, is that more evident. Faith does not reside in a building but in the hearts of all of us who make up the community of faith.

Let us continue to build a community of faith. Separate physically and connected through our common faith.

The Gospel of Monday last (John 4:43-54) speaks of the man who asked Jesus to come and heal his son. Jesus did not go. He sent the man away and told him his son would be well again. The man had to "Keep walking in hopeful faith" as he made his way home, that this would come true. It did. Our challenge is to continue to "keep walking in hopeful faith" or for us now to "keep living in hopeful faith". Let us be united in one heart and mind through our prayer, our faith and our compassion and support for those in need.

With every good wish and blessing

Fr. David. On behalf of the Parish Team and Parish Pastoral Council.

Prayer to Our Lady Queen of Heaven

Holy Virgin Queen of Heaven, Queen of the Angels and Mother of the Church. We fly to you today as your beloved children. We ask you to intercede for us with your Son, as you did at the wedding in Cana.

Pray for us, loving Mother, and gain for our nation and world, and for all our families and loved ones, the protection of your holy angels, that we may be spared the worst of this illness.

For those already afflicted, we ask you to obtain the grace of healing and deliverance. Hear the cries of those who are vulnerable and fearful, wipe away their tears and help them to trust.

In this time of trial and testing, teach all of us in the Church to love one another and to be patient and kind. Help us to bring the peace of Jesus to our land and to our hearts.

We come to you with confidence, knowing that you truly are our compassionate mother, healer of the sick and cause of our joy.

Shelter us under the mantle of your protection, keep us in the embrace of your arms, help us always to know the love of your Son, Jesus. Amen.



**"Wireless
communication is
nothing new, I've
been praying for
75 years"**

The Parish team in Donore Ave is made up of: Fr. David Corrigan (Parish Priest), Fr. Alois Greiler (Curate)
Ms. Sam Byrne (Pastoral Minister)

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Text Alerts for Parishioners



We have created a new texting service for parishioners and friends of the parish in order to keep in touch regarding Mass changes, updates on parish life, regular prayer moments, thought for the day, Scripture quotes or reflections.

This service is free to those who will receive the standard SMS text message on their phone.

All you need to do in order to be added to the texting service is provide the parish team with your name and mobile phone number. This can be done by calling the parish office or sending us an email with your details. For those who are still coming to the church, there are also sign up sheets on the table that you can add your details too. Great way of staying in touch, especially now!



Our Parish Lenten theme this year is “Lord, teach us to pray” At this mid-way journey through Lent we continue to pray for each other.

Lent is a time when we can stop and look at our lives and our relationship with Jesus. It is a time when we are called to make sacrifices—to deny ourselves so that we can realise that we need God in every part of our lives.

PRAYER / FASTING / ALMSGIVING

can continue this Lent even in such unprecedented times.

- Prayer—commit to a daily prayer.
- Fast—commit to eating three meals per day.
- Almsgiving—commit to making charitable donation if possible.

Every day you will help yourself, help others and help your relationship with God. This structure involves making sacrifices but there is no doubt that the benefits we will receive at Easter will be immense. Be brave, embrace Lent.

St. Teresa’s Church Guide

Fr. Alois has painstakingly researched and created a beautiful 60-page Church guide which includes the establishment, history and fascinating facts about our Church. It is an A4 size book and includes coloured illustrations. The Church Guide is now available to purchase. As it is a private publication, we would ask for a donation to cover the costs of printing, binding and publishing. Any excess money raised will be put towards the purchasing of glass cabinets to exhibit some of our pieces from the church archives. 1 copy: 10 Euro 2 copies: 15 Euro. The Church Guide is available (at a two metre distance) from the sacristy or from the parish house. If you would like us to deliver a copy to your home (observing social distancing guidelines) just phone the parish house to make arrangements.

Due to the present circumstances it is not possible to hold a book launch, this will take place later in the summer.

Prayers of Intercession

- For people around the world, as we struggle with Coronavirus. **Lord, hear us.**
- For all who are sick or suffering. **Lord, hear us.**
- For people who thirst for meaning in this difficult time, that God may help them. **Lord, hear us.**
- For healthcare workers, that they may be protected **Lord, hear us.**
- For this community, and particularly for vulnerable and elderly people, that we may support them. **Lord, hear us.**
- Pray for all of us who are anxious about the Coronavirus / COVID 19, for those who have contacted the virus, for those who are fearful of contacting it, and for the safety and health of all people and that we all may all follow the guidance given for our wellbeing. **Lord hear us.**

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SMILE

Smiling is infectious
You catch it like the flu

When someone smiled at me today
I started smiling too

I walked around the corner
And someone saw me grin

When he smiled I realised
I had passed it on to him

I thought about the smile
And then realised its worth

A single smile like mine
Could travel round the earth

So if you feel a smile begin
Don't leave it undetected

Start an epidemic
And get the world infected

by Spike Milligan

miketurnerphotos.co.uk

Let us form a Prayer Circle of Faith

During these times when we cannot celebrate Mass publicly, on either the weekdays or weekends, why don't we explore a new way to pray as a community? From where you live you may or may not be able to hear the church bell, but we feel that the bell is the ideal symbol of faith to call us to prayer as a community. We are inviting you to pray particular prayers at different times of the day which coincide with our Church bell ringing. As a reminder these are the times the Church Bell rings at:

Weekdays

9.50 (for 10am mass)

12oclock

6pm

Prayer

Our Father

Angelus

Memorare

Weekend

Saturday 6.20pm (for 6.30pm mass)

Sunday 9.50am (for 10am Mass);

10.50am (for 11am Mass);

12.20 pm (for 12.20 pm Mass)

The Act of Spiritual Communion, the Prayer to a Sleeping St Joseph, Prayers of Intercession, Pope Francis' prayer to Our Lady or any other prayer can be used at these times.

PRAYER SPACE IN CHURCH

During this time of the Coronavirus we will maintain a special place in the church dedicated to this intention. You are welcome to light a candle, to use and take home the prayer resources available and specifically to remember in solidarity all those affected by this health crisis.

“Remember; Many events have been cancelled because of the coronavirus, FAITH, LOVE and especially HOPE however are not among them”

Memorare

Remember, O most gracious Virgin Mary,
that never was it known that anyone who fled to your
protection,
implored your help, or sought your intercession was left
unaided.

Inspired with this confidence,
I fly to you, O Virgin of virgins, my Mother.
To you I come, before you I stand, sinful and sorrowful.
O Mother of the Word Incarnate,
despise not my petitions, but in your mercy, hear and
answer. Amen

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FAITH IN THE MIDST OF CORONAVIRUS

It's very sad to say that there are currently no Public Masses in the Dublin Diocese, including St Teresa's. We hope to find as many ways as possible for our faith community of St Teresa's to stay in touch. We will use: texting; Facebook; leaflet drop to houses; website; emails, Whatsapp; twitter etc. If you have any other suggestions, please let us know.

The church will remain open from 9am to 5pm each day for private prayer and reflection, with prayer resources available. Weekday mass is available on RTE News Now at 10.30am. RTE News Now can be accessed on Saorview (Channel 21), SKY (521), Virgin (200), EIR (517). RTE also continue to broadcast a diverse range of Christian worship every Sunday at 11am on RTE One TV. EWTN also broadcast mass SKY (559) Virgin Media (815).

Prayer to a Sleeping Saint Joseph

O Saint Joseph, you are a man greatly favoured by the Most High. The Angel of the Lord appeared to you in dreams, while you slept, to warn you and guide you as you cared for the Holy Family. You were both silent and strong, a loyal and courageous protector.

Dear Saint Joseph, as you rest in the Lord, confident of his absolute power and goodness, look upon me. Please take my need into your heart, (mention your request.....) dream of it, and present it to your Son. Help me then, good Saint Joseph, to hear the voice of God, to arise, and act with love. I praise and thank God with joy. St Joseph, I love you. Amen.

Prayers at home when gathering for Mass is not possible

In these extraordinary times when we cannot gather as a Christian Community to celebrate Mass, let us unite ourselves spiritually to the Mass as it is being celebrated in our churches. You can do this by joining broadcast Masses on radio, parish webcams or television or via the internet. If these are not available, you are encouraged to pray the following prayers at the normal time for the celebration of Mass on Sunday or a Weekday or at any other suitable time. These prayers can be prayed alone or with your family. If possible, prepare a suitable prayer space with a crucifix, holy picture or even a simple candle.

Act of Spiritual Communion

My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. (St Alphonsus de Liguori)

We pray (Pause for Silent Prayer) Almighty and merciful God look with compassion on our affliction, and so lighten your children's burden and confirm our faith that we may always trust without hesitation in your fatherly providence. Through our Lord Jesus Christ your Son, who lives and reigns with you in the unity of the Holy Spirit One God for ever and ever. **Amen**

Pope Francis' Prayer to Our Lady during the Coronavirus Pandemic

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith.

You, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.